

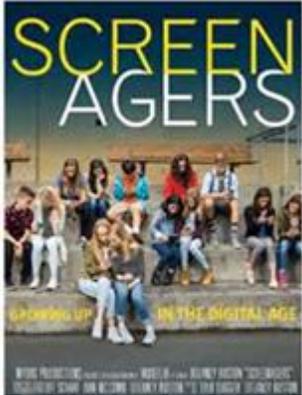


Screenagers:

Growing Up in the Digital Age



Issaquah High School PTSA



About the Film

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well.

In SCREENAGERS, as with her award-winning documentaries on mental health, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant, and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

For more information about this event, please contact parent-ed@issaquahptsa.org

Dates:

Thursday, May 5th, 2016
7:00pm

Location:

Issaquah High School
Theater
700 2nd Ave SE
Issaquah WA 98027

Cost:

Free

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